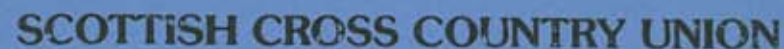
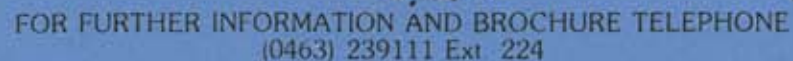


FOR ALL YOUR LEISURE NEEDS VISIT INVERNESS

THERE'S MORE TO US THAN "NESSY" THE LOCH NESS MONSTER



1890 CENTENARY 1990

CENTENARY SEASON NATIONAL RELAY CHAMPIONSHIPS

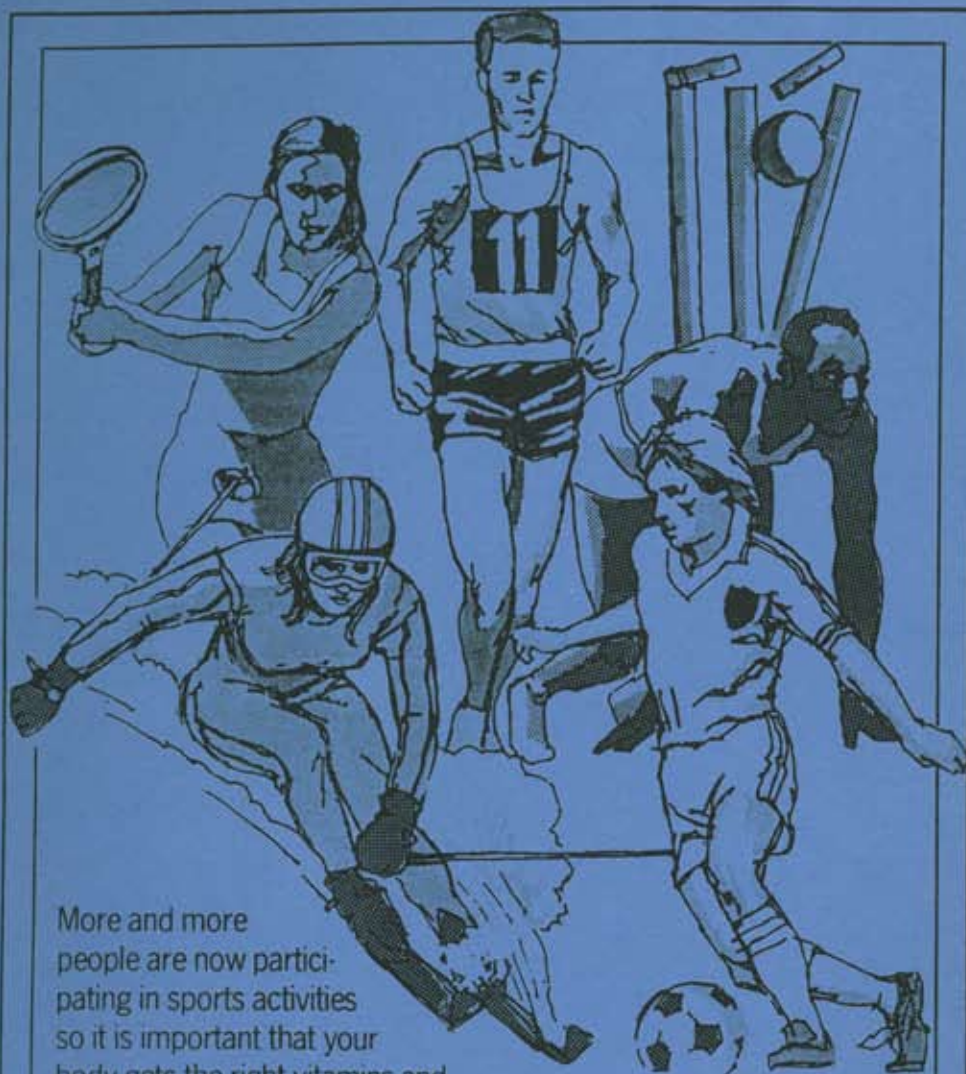
KINMYLIES INVERNESS

SATURDAY 28TH OCTOBER 1988

Sponsored by

*The North of Scotland Milk Marketing Board
and
Inverness District Council*

Programme 20p



More and more people are now participating in sports activities so it is important that your body gets the right vitamins and nutrients to help you cope with physical activity. Whatever your sport you can be certain that a daily pinta will help provide the Calcium needed for growing bones and is a valuable source of Protein and Vitamins.

Milk – what more can a body ask for!



SCOTTISH CROSS COUNTRY UNION

MESSAGE FROM THE PRESIDENT OF THE SCOTTISH CROSS COUNTRY UNION

It gives me much pleasure and pride to welcome athletes, officials and spectators to this Centenary Year National Cross Country Relay Championships. Events such as this are of paramount importance in the promotion of Inverness as a tourist and visitor centre. The Scottish Cross Country Union would like to thank the North of Scotland Milk Marketing Board and Inverness District Council for the valuable support in the promotion of today's event.

This enterprise is an enormous undertaking and I would like to thank the many voluntary officials on duty, the athletes who have travelled a great distance to participate and the spectators who have turned out to support these Championships.

I trust you have an exciting and memorable event.

Robert M Dalgleish MBE
President

PATRONS

The Right Honourable Lord Provost of Edinburgh
Mrs E McLaughlin

The Right Honourable Lord Provost of Glasgow
Mrs S Baird

Professor Raymond Miquel CBE

OFFICE BEARERS

Hon President	: D M Duncan
Hon Vice-Presidents	: Sir Adam Thomson KCB
	: J T Moffat
Hon Life Presidents	: E S Murray OBE
	: R M Dalgleish MBE
	: R L McSwein
Immediate Past President	: H Quinn (East Kilbride AAC)
President	: R M Dalgleish MBE (Annan & District AC)
Vice-President	: D V McLaren (Penicuik Harriers)
Hon General Secretary	: J E Clifton (Edinburgh Southern Harriers)
Hon Treasurer	: R L McSwein

OFFICIALS

Referee	: J Hamilton
Clerk of Course	: C Baillie
Assistants	: C Forbes; P Crowe
Judges	: J Young (Chief); B Goodwin; H Quinn; D Wilmoth
Timekeepers	: R Hutcheson (Chief); D McSwein; A Dick; J Davidson; D Davidson; S Moore
Recorders	: J Wilson (Chief); W Robertson; J Scarbrough; A Jackson; M Wilmoth; G Spence; I Aird; A Cameron; D Yell; I Tasker; K Davies
Team Assembly and Lap Change-over	: J Innes (Chief); A Valentine; F McCluskie; J Cherry
Area and Funnel Control	: A Hards (Chief); J Crossman; J Mundie; A Lewis; J Sinclair
Declarations and Results	: C Bannerman (Chief); G Bannerman; G Aithie; H MacLean; M Johnson; S Richardson; M Allan; L Forbes; A Smart
Announcer	: R Morrison
Starter	: H Lakeland
Press Liaison	: C Shields
School and Car Parking Control	: J Mackay; W Arthur; and Members of Inverness Harriers
Course Marshals	: Inverness Harriers
Programmes	: A Munro
Officials Control	: H Lakeland
Medical Officer	: Dr C Fettes
Reception and Jury of Appeal	: D McLaren; J E Clifton; R L McSwein
Championship Convener	: W Banks MBE

NOTES FOR ATHLETES AND TEAM OFFICIALS

- 1 Only athletes previously entered may be declared and no late declarations will be allowed.
- 2 All teams must run in the order declared. Young athletes must run in the following order - Junior Boy, Senior Boy, Youth.

Lap colours for numbers is as follows:-

Young Athletes

Lap 1	- White
Lap 2	- Red
Lap 3	- White

Senior/Junior

Lap 1	- White
Lap 2	- Red
Lap 3	- Green
Lap 4	- White

- 3 Competitors must wear their Club colours. Any Club team not complying with these rules and with the SCCU Rules for competition will be disqualified.
- 4 Competitors must wear their official number on the front of their Club vest.
- 5 The courses are suitable for spikes and competitors should keep markers on their right throughout both races.
- 6 Please do not wear spikes or muddy shoes in the hall used for changing accommodation or in the assembly hall/canteen area in the main school building. All other parts of the school are 'out of bounds' to competitors, officials and spectators.
- 7 Competitors, officials and spectators should use the under-pass adjacent to the school for access to the courses.
- 8 As shower facilities at the school are limited in number, competitors are requested to return to the school to shower and change immediately after the finish of each lap. Shower facilities will be closed to competitors in the Young Athletes event after 1515 hours.
- 9 Valuables should not be left in the changing accommodation. Neither the Office Bearers of the SCCU nor the Staff of Charleston Academy can take responsibility for valuables lost during these Championships.
- 10 Vandalism It is the responsibility of Team Officials to ensure that his team members act in a responsible manner and respect the facilities made available to the Scottish Cross Country Union.

TIMETABLE OF EVENTS

YOUNG ATHLETES	Declarations Close	1330 hours
	Race Starts	1400 hours
SENIORS/JUNIORS	Declarations Close	1415 hours
	Race Starts	1445 hours

ACKNOWLEDGEMENTS

The President, Officers and Members of the Scottish Cross Country Union wish to express their grateful thanks to all who have helped with the organisation and running of today's Championships.

The assistance of the following is especially appreciated:-

The North of Scotland Milk Marketing Board

Inverness District Council

Highlands and Islands Development Board

Capital Business Equipment, Inverness

Highland Health Board

Hugh Barron Esq

The British Red Cross, Inverness-shire Branch

The Rector, Charleston Academy

Inverness Harriers AAC

YOUNG ATHLETES NATIONAL RELAY CHAMPIONSHIP (3 x 2 miles)

Winning team to hold Bellahouston Park Quaiach

RACE WILL START AT 1400 HOURS

Title Holders - Victoria Park Amateur Athletic Club

ARBROATH & DISTRICT AC - Colours : Black vest with left hand vertical yellow stripe

Team Numbers - 1, 2, 3
 Junior Boys - L Jones; N Napier; G Smith
 Senior Boys - J Bridges; D Ross; G Pearson
 Youths - S Combe; P Greenhill; E Thomson

AC MOIR AYR SEAFORTH AAC - Colours : White with red diagonal cross

Team Numbers - 4, 5, 6
 Junior Boys - I Leitch; L McNaughton; M Walton; G Docherty
 Senior Boys - I Murdoch; J Ferguson; G Willis; M McIlwraith; P Allen; A Smith; L Richardson; A Rorison; C McLauchlin
 Youths - B Stewart; K Stevenson; I Craig

BATHGATE AAC - Colours : Red with grey and white horizontal stripes on front

Team Numbers - 7, 8
 Junior Boys - D Stewart; B Boyle; S Furness; C Purvis; D McAulay; G McGill; S Bishop
 Senior Boys - M Dobbin; M Gray; D Carty; C Paxton; A Hardie; M Lawton
 Youths - B McConnel; A Stewart

BELLAHOUSTON HARRIERS - Colours : Dark blue with light blue cross

Team Numbers - 9, 10, 11
 Junior Boys - A Austin; I Clark; P McDowall; G McNeillie; S McNeill; S Hodge; G Trusdale; S McKee
 Senior Boys - B Lees; G Duncan; J Wright; T Preston; S Barratt; S Collie
 Youths - S Rooney; M Fraser; M Middleton; D Paton; O McFadden; P Parsons; D MacDonald; A Gibson

CAMBUSLANG HARRIERS - Colours : Red with white band

Team Numbers - 12, 13, 14, 15, 16, 17
 Junior Boys - A Mullen; A Horrocks; E McInnes; A Piacentini; P Mullen; I Reid; C Morton; D Allen; S Duffy; S Brennan; G Christie
 Senior Boys - M McLaughlin; I Richardson; E Polwart; D McLean; J Wilson; J Murray; S Haldane; C Morris; R Rennie; G George; G Cussick; G Woods
 Youths - M McBeth; E McCafferty; J Coyle; J Gill; D McLean; A Neil; A McIntyre; D Peacock; M Petrie

CENTRAL REGION AC - Colours : Yellow, blue trim
Team Numbers - 18, 19
 Junior Boys - C Johnston; S Liddle; P McQue; I Robertson; C Stalker
 Senior Boys - D Carbery; D Kirk; M Stolarek; C Westwood; R Wilson
 Youths - M Crawford; C Dick; A Moss; A Steven; E Wilson

CLYDEBANK AC - Colours : Top yellow, bottom half white
Team Numbers - 20, 21
 Junior Boys - D O'Sullivan; S Gibson
 Senior Boys - D Fotheringham; A O'Hare
 Youths - N Freer; N Thain

CLYDESDALE HARRIERS - Colours : White, black trim and 'C' on vest
Team Numbers - 22, 23
 Junior Boys - A Moore; R Harris; R Armstrong; J Hood; C Lyle; D McCafferty
 Senior Boys - M Govan; A Moore; R Gallacher; J Thomson; A McIntyre; M Kennedy
 Youths - D McAusland; J Beaton; P McNicol; B O'Donnell; B Higgins

ESPC AC - Colours : White with two black diagonal bands
Team Numbers - 24, 25, 26, 27, 28, 29, 30
 Junior Boys - K Daley; S Graham; R Hay; C Flockhart; D Laing; D Lees; M Marshall; C McCann; M McNaughton; D Rankin; S Williamson; D Winters
 Senior Boys - H Hutchison; A Lawson; S Maghrour; M Murray; C Whitson; N Williamson; T Winters; S Calder; M Daley; D Patterson; A Smith
 Youths - D Bisset; C Cant; C Dunlop; G Kinghorn; A McConnachie; R Milligan; D Sharkey; D Slythe

EDINBURGH SOUTHERN HARRIERS - Colours : White with two blue bands
Team Numbers - 31, 32, 33
 Junior Boys - M Anderson; A Brown; C Ellerby; K Gallacher; N Gordon; P Jamelle; S More; J Walker
 Senior Boys - M Gill; S McMin; I Murray; P Nyhlin; D Smith
 Youths - D Blyth; L Culbertson; P Davis; R Hootin; N Johnstone; D Kinghorn; S Pringle

FALKIRK VICTORIA HARRIERS - Colours : Black with gold band
Team Numbers - 34, 35, 36, 37
 Junior Boys - R Smith; K Hinnels; K Wilson; B Cairns; M Polarski; S Maxwell
 Senior Boys - A Tulloch; D Hepburn; A Murdoch; D Harley; D Wilson
 Youths - S Russell; G Johnston; S Wilson; D Ritchie

FORRES HARRIERS - Colours : Red
Team Numbers - 38, 39, 40
 Junior Boys - P Prouzhele; S Pratt; I Rowatt
 Senior Boys - J Donald; J Dewar; D Royan
 Youths - N Birnie; E Robertson; I Sellwood

FRASERBURGH RUNNING CLUB - Colours : Black vest with white side panels and trims
Team Number - 41
 Junior Boys - T McKillop; A Love
 Senior Boys - M Anderson; B McAllister; A Simpson
 Youths - D Richardson

GEORGE HERIOTS SCHOOL CROSS COUNTRY
RUNNING CLUB - Colours : White, blue bands
Team Numbers - 42, 43
 Junior Boys - D Ward; M Galloway; N Young; S Bell
 Senior Boys - K Sharif; P Croft; A Ramsay; N McMillan
 Youths - G Morrison; A McConnachie; A Conn

GREENOCK GLENPARK HARRIERS - Colours : Sky blue with royal blue and gold hoops
Team Number - 44
 Junior Boys - A McLachlan; J McFadyen
 Senior Boys - D Tamburini; D Hill; S Chesire; I Stables
 Youths - J McFadyen

IBM SPANGO VALLEY AC - Colours : Royal blue and yellow vertical stripes, IBM Badge
Team Number - 45
 Junior Boys - B MacLean
 Senior Boys - D Kerr; G Scholte; E Dobbin
 Youths - C Canning; M Gallacher; R Russell; R Dewar

INVERNESS HARRIERS AAC - Colours : Gold with maroon diagonal band
Team Numbers - 46, 47, 48, 49, 50, 51
 Junior Boys - D MacRae; N Sinclair; S Fraser; J Colquhoun; J Mackay; P McIntyre; A Thompson; R Simpson; J Walters; D Greaves; S Templeman
 Senior Boys - N Forbes; A MacRae; M Cruden; S Mackay; E McHattie; D Millar; A Campbell; P Fraser
 Youths - I Murray; D Hards; N Cox; P Watt; K Murray; N Cruden; D Sutherland

IRVINE CABLE AC - Colours : Red, navy blue trim
Team Numbers - 52, 53, 54
 Junior Boys - P Mackie; C Partridge; D McInroy; J Miller
 Senior Boys - A McInroy; G Rodger; P Gordon
 Youths - M McKerrel; B Holliman; E Cairns; P Brennan; F Fitzsimmons

'JOHNNIE WALKER' KILMARNOCK HARRIERS
& AC - Colours : Royal blue vest, two diagonal white stripes from right shoulder to left
Team Numbers - 55, 56, 57, 58
 Junior Boys - C Thomson; B Smillie; R Neil; A Drummond; M Mabon
 Senior Boys - J Tonner; R Young; B Colvin; A Armstrong
 Youths - G Reid; E Tonner; M Patterson; J Kerr; C Coleman

KILBARCHAN AAC - Colours : Gold with bold black band
 Team Number - 59
 Junior Boys - R Girvan; F Ferguson; S Docherty; D Roache; C Douglas; J Geddes
 Senior Boys - N Munro; M Munro; W McSkimming; P Corrigan; D Petkin; S McCulloch
 Youths - J Shields; A Barker; P Hodgson

LOCHABER AC - Colours : White with two blue hoops
 Team Number - 60
 Junior Boys - S Cameron
 Senior Boys - J Brookes
 Youths - S Burns

MINOLTA BLACK ISLE AAC - Colours : Black vest with red diagonal
 Team Numbers - 61, 62
 Junior Boys - M Johnstone; A Ramsay
 Senior Boys - S Galbraith; S Allan
 Youths - B Fraser; I McPherson; H Mackenzie; W Mackenzie

MOTHERWELL YMCA HARRIERS - Colours : Yellow with two vertical red stripes
 Team Number - 63
 Junior Boys - S McGregor
 Senior Boys - G Johnstone; J Douglas; R Houston
 Youths - G McGurk; P Oates; G Danskin

ORKNEY ISLANDS AAA - Colours : Red vest with narrow black band on white hoop
 Team Number - 64
 Junior Boys - M Wood
 Senior Boys - S Robinson
 Youths - R Smith

PETERHEAD AAC - Colours : Sky blue
 Team Number - 65
 Junior Boys - E McGhee
 Senior Boys - J Mundie
 Youths - S Forman

PITREAVIE AAC - Colours : White, gold trim and badge
 Team Numbers - 66, 67, 68
 Junior Boys - A Donaldson; C Kelso; M Gibson; R Lindsay; D McKenzie; S Dundon
 Senior Boys - M Kelso; A Moonie; S Meldrum; S Billinness; S Hemmings; D Rocks; I McKenzie
 Youths - A Kings; B Arnott; N Graham; S Burch; A Short

QUEEN VICTORIA SCHOOL - Colours : White with red, amber and green bands
 Team Numbers - 69, 70, 71, 72
 Junior Boys - S Boyne; P Taylor; B Espie; S Kintrea
 Senior Boys - A Casey; M Casey; A Steel; S Gardiner
 Youths - S Cook; J Wood; M Mutch; C Berry

SHEETLESTON HARRIERS - Colours : Blue with gold bands
 Team Numbers - 73, 74
 Junior Boys - B Waters; A Sinclair; C Finbow; D Cooper
 Senior Boys - P Loage; M McCormack; N O'Donnell; D Reilly
 Youths - D Halliday; B Brewer; P Haslett; J McCall

SPRINGBURN HARRIERS - Colours : Navy blue with white diamond
 Team Numbers - 75, 76
 Junior Boys - R Skelly; S Paterson
 Senior Boys - D Loftus; M Gorman
 Youths - A Ross; D McGregor

TEVIOTDALE HARRIERS - Colours : White, maroon band
 Team Number - 77
 Junior Boys - M Wight
 Senior Boys - D Hughes
 Youths - B Wear

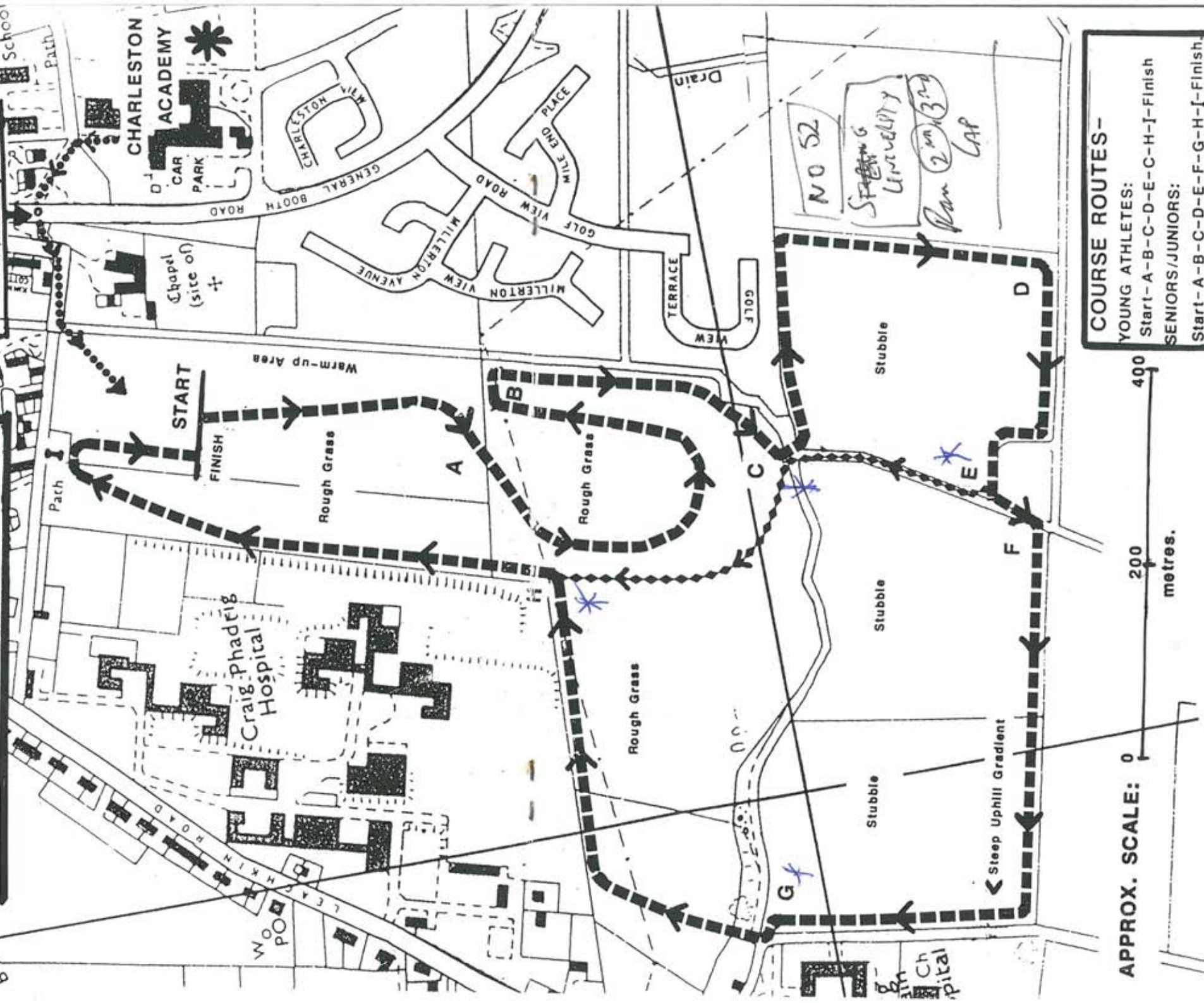
VICTORIA PARK AAC - Colours : Blue and white bands
 Team Numbers - 78, 79, 80, 81, 82, 83, 84, 85, 86, 87
 Junior Boys - S McNeillan; D Gorman; B Kelly; M Smith; E Cameron; S Kennedy; D McGowan; A Young; C Gordon; R Barrow; J Whannel; T Perman
 Senior Boys - C Steele; H Haveron; R McVey; D Turner; C Humphrey; K Gorman; M Smith; J Irvine; S Anderson; K French; D Rainey; T Rowdon; C Alexander; P Taylor; G Pennock; A Haveron; G Watson; C Allison
 Youths - G Graham; C Greenhalgh; S Gilmour; T Hely; S Low; R Semple; S Queen; L McEwan; I Clark; F McNeillan; S Atkinson; G Atkinson





NATIONAL CROSS COUNTRY RELAY CHAMPIONSHIPS

Recommended pedestrian route
via underpass to COURSE



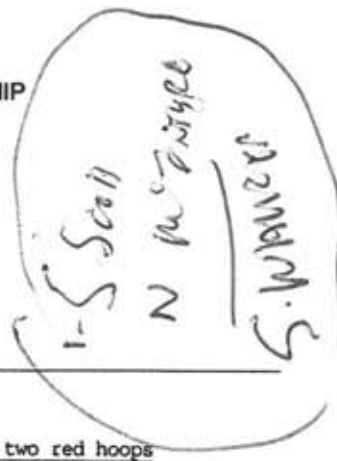
SENIOR/JUNIOR NATIONAL RELAY CHAMPIONSHIP

(4 x 2.5 miles)

Winning team to hold The Coatbridge Council Trophy

RACE WILL START AT 1445 HOURS

Title Holders - Greenock Glenpark Harriers



ABERDEEN AAC - Colours : White with two red hoops

Team Number - 1

F Clyne; R Cresswell; J Musgrave; D Duguid; I Matheson; S Axon; P Cowie;
G Riddell; S Wright; M Caird; E Arrowsmith; C Hall

ABERDEEN UNIVERSITY : Yellow

HARE & HOUNDS - Colours

Team Numbers - 2, 3

J Cuthbertson; B Ramage; C Fenton; G Gauld; D Gordon; R Herries;
A Jermieson; A Laird

AC MOIR AYR SEAFORTH AAC - Colours : White with red diagonal cross

Team Numbers - 4, 5, 6, 7, 8

G Wight; K Penrice; J Strawhorn; B Boyd; R Hill; A Elder; D McCrorie;
S Dickson; G Young; A Law; J Caird; A Stewart; C White; R Campbell;
R Page; J Evans; D Paul; D Ward; A Hunter; S McSporrin; S Lynch;
A Mackie; M McPhail; B Whittle; I Baird; L Baker; G Gilbert; R McKay

BATHGATE AAC - Colours : Red with grey and white horizontal stripes on front

Team Number - 9

S Loudon; I Battison; C Krieves; D Wilson; J Dobbin; W Paxton; D McNeil

BELLAHOUSTON HARRIERS - Colours : Dark blue with light blue cross

Team Numbers - 10, 11, 12, 13

P McDevitt; J Russell; D Hay; B Collie; A Daly; M Black; A Smith;
J Thallon; R Fitzsimmons; I Burice; T Dickie; J Harkness; P Flemming;
W Robertson; J McNeil; G Bell; A Thomson; T Donnelly; A McAngus

CALDERGLEN HARRIERS - Colours : Vertical amber/black stripes

Team Numbers - 14, 15, 16, 17, 18

R Shanks; T Morton; M Brunjes; A Derrick; O Mullen; E Wilkinson;
A McLellan; R Johnstone; C McDougall; D Sweeney; W Johnstone; J Young;
R Mair; A Munro; G Mullen; A Henderson; A Muir; A Paterson; R Stewart;
J Rafferty

CAMBUSLANG HARRIERS - Colours : Red with white band

Team Numbers - 19, 20, 21, 22, 23, 24

E Stewart; J Orr; A Gilmour; C Thomson; D McShane; J Robertson;
S Wallace; M Gormley; F Hurley; D Lang; K Downie; T Rhodes;
J Richardson; D Runciman; R McCutcheon; M Mitchell; I Shaw; B Gough;
T Petrie; M Gallagher; G Simpson; O Bath; P McEvoy; E Mcivor;
D Fairweather; P Preston; J Christie; J Quinn; J McKenna; D Cooney;
R Anderson; T McPake; T Dollan; W Mitchell; A Robertson; A Hughes;
F Connor; P Ogden; J McGugan; M Orpin; R Brennan; M Johnstone; P Bradley

CENTRAL REGION AC - Colours : Yellow, blue trim

Team Numbers - 25, 26

D Armour; M Coyne; K Dawson; H Fleming; R Fleming; B Kindreich; S Laing;
K Leitch; K Mansell; D McAra; S McCallum; R McCraw; R McKenzie;
A McLaren; M McQuaid; D Melaragni; A Nicol; P Paterson; A Stephenson;
T Thomson

CLYDESDALE HARRIERS - Colours : White, black trim and 'C' on vest

Team Numbers - 27, 28, 29, 30

P Dolan; G Higgins; J Hanratty; J Austin; D Halpin; R Rosborough;
J Watt; P Doran; A Dyth; W Goldie; P Halpin; J McArthur; S Marshall;
B Potts; M McDonald; J Shields; T Miller

COASTERS RC - Colours : White with 4" blue band and trimming

Team Number - 31

A Reid; I Bisset; M Wright; A Newlands; R Gatenby; R Cunningham;
R Farquhar; S Stewart; R Aitken; K Reid

CORSTORPHINE AAC - Colours : White vest with black facings and 2" black vertical stripe at sides

Team Number - 32

D Law; S Langdon; A Dickson; A Sim; R Steedman; J Steedman

DUMFRIES RUNNING CLUB - Colours : White vest with sky blue/burgundy hoops

Team Number - 33

L Hill; B Grieve; C Kinnear; D Barrett; D Brown; J McConnachie;
A Burgess

DUNDEE HAWKHILL HARRIERS - Colours : Blue and white quarters

Team Numbers - 34, 35, 36, 37, 38

C Haskett; P McColgan; P Fox; D Beattie; C Ross; R Barrie; R Bell;
T Reid; P Briscoe; P McCormack; B Cook; D McGonigle; G Reynolds;
G Mitchell; I Moncur; D Storey; D Crowe; J Hepburn; G Stoddart;
J McGregor; A Matheson; S Boreland; S Barrie; R McIntosh; A Birse;
D Hamilton; D Morgan; D Lancaster; K Grant; J Phelan; C Phelan; C Love;
A Lamb; D Sullivan; B McKendrick; S Kerr; G Platters; P Coyle; E King;
G Leuchars

DUNDEE UNIVERSITY HARRIERS - Colours : Red with 'nautilus'
Team Numbers - 39, 40
D Shaw; K Anderson; A Broadley; J Hall; A Ross; B Anderson; C Milne;
E Stark

EAST KILBRIDE AC - Colours : Gold, two black bands
Team Numbers - 41, 42
G Colvin; G Croll; G Haddow; M McWilliams; D Morrison; G Reid; B Ronald;
J Scott; C Clements; A Cowan

ESPC AC - Colours : White with two black diagonal bands
Team Numbers - 43, 44, 45, 46, 47
J Agnew; I Archibald; F Arnot; D Baker; Z Bankowski; S Cohen;
G Crawford; M Fallows; A Ferguson; M Ferguson; I Hornsby; A Jenkins;
A Kinghorn; A McEwen; D Marr; H Morrison; M Steele; E Stevenson; A Ward;
R Williamson; G Brown; B Cockburn; P Cunningham; A Dolan; A Donachie;
M Donohue; J Elphinstone; G Faulds; I Hamer; B Kirkwood; C McLennan;
R Nolan; E O'Donnell; G Philip; G Raftery; E Scott; M Spedding; J Tulloch;
S Garland; P Wyman

EDINBURGH SOUTHERN HARRIERS - Colours : White with two blue bands
Team Numbers - 48, 49, 50
B Begley; C Blakebell; C Cable; I Campbell; G Carracher; J Cherrie;
A Christie; S Clark; A Currie; J Divine; P Flynn; D Goldesbrough;
T Hanlon; M Healy; P Heatly; B Howie; C Hunter; A Hutton; K Lyall;
R Lyall; N McDonald; G Matheson; B Murray; P Paterson; A Robson;
J Robson; D Ross; B Simmons; K Smith; G Steel; I Steel; N Thin

EDINBURGH UNIVERSITY
HARE & HOUNDS - Colours : Green with white side panel
Team Numbers - 51, 52, 53, 54, 55
H Nicholson; I Harkness; I Gauld; D Arnott; S Scott; N McIntyre;
T Delahooke; I Renfrew; N Thin; W Ramsbotham; C Whitehouse; A Biggar;
E Kelly; J Jarvis; S Conway; J Wright; W Parry; S Marsland; M Goodwill;
C Foster

FALKIRK VICTORIA HARRIERS - Colours : Black with gold band
Team Numbers - 56, 57, 58, 59, 60
I Johnston; J Stevenson; S Rankin; C Lumsden; W Day; D Bain; D Gibson;
A Smith; D Gillespie; W Higgins; M Todd; T Rutherford; N Robertson;
R Adams; P Faulds; D Easton; T Stempczyk; G Grindlay; D Lothian;
P Shering; J Pentecost; R Cameron

FIFE AC - Colours : White vest, red band
Team Numbers - 61, 62, 63, 64
R Archer; S Asher; M Batley; G Bennison; F Cation; J Close; M Curtis;
A Dobell; S Doig; L Edwards; J Finlay; D Forbes; D Francis; T Graham;
S Graves; D Gunstone; J Holden; R Hanlon; G Kerr; W Kilgour; J Lumsden;
P Low; D Macgregor; G McIvor; H McKay; M McNaught; D McNicol; D Marsh;
A Martin; B Melville; W Moffat; J Moodie; H Munn; T Ross; M Scobie;
J Sinnige; M Strachan

FORRES HARRIERS - Colours : Red
Team Numbers - 65, 66
B Chinnick; K Yost; A Pratt; I Johnston; G Bartlett; M Francis; I Addis;
G Fairclough; S Thompson; I Mackenzie; D Ritchie; H Cameron

GALA HARRIERS - Colours : White, green hoop
Team Numbers - 67, 68, 69
W Anderson; J Bonnar; M Bennet; J Connally; S Cochrane; G Capper;
D Darroch; A Farningham; N Gemmell; S Henderson; R Hope; J Hunter;
W Elliot; T Kerr; J Knox; G Meikle; A Meikle; J Murray; J Purves;
N Renton; R Main; P Laing; R Fitch; J Wilkinson

GARSCUBE HARRIERS - Colours : White with blue band
Team Numbers - 70, 71
M Brown; S Cullen; W Fus; D Geddes; D Gillespie; T Gorman; G Gilmour;
D Heppell; S Irvine; I Hanlon; P McGlynn; T Murray; L Smith; J Weir;
T Wiseman; N Barlow; T Dougan; A Parker; K Macanna; M McCormack;
W Cassidy

GLASGOW UNIVERSITY
HARE & HOUNDS - Colours : Black with yellow 'G' on back
Team Numbers - 72, 73, 74
G Stewart; A Macbeth; G McCann; A Donnachie; A Russell; C Clausen;
G Walker; K Corbet; A Crombie; P Ross; R Jones; D Peel; P Baxter;
S Duncan; S Higgins; P Fettes; S Murdoch; M Gallacher; W McTaggart;
O Harding

GREENOCK GLENPARK HARRIERS - Colours : Sky blue with royal blue and gold hoops
Team Numbers - 75, 76, 77, 78, 79, 80, 81, 82
A Puckrin; T Murray; M McKendrick; B McGuinness; P Duffy; T Curran;
I Cameron; C Hendry; P Russell; J McCready; R Boyd; G McGrattan;
K Morrison; J Carruthers; J Russell; J Kerr; G Mitchell; C Smith;
G Russell; J Smith; E Currie; K Scott; J Walker; W Hamill; K Duffy;
C Miller; J McPaul; B Dunn; D Hodelet; R Cleary; W Jukes; G Parker

GREENOCK WELLPARK HARRIERS - Colours : White with black band
Team Number - 83
A Lennox; D MacFadyen; H Muir; D Macnish

**HADDINGTON EAST LOTHIAN
PACEMAKERS - Colours** : Red and white half-horizontal vest
Team Numbers - 84, 85, 86
J Ross; P Marshall; A Grahame; J Smith; S Wallace; A Foster; J Baird;
S Mathieson; F McCain; B Carr; J Morrison; J Graham; G Armstrong;
R Harris; M Dickie; H Muchamore

**HERIOT WATT UNIVERSITY
CROSS COUNTRY CLUB - Colours** : Royal blue with yellow trim
Team Numbers - 87, 88, 89
D Howeggo; M Steele; P Marsay; E Kelsall; P Bancks; C Mullen; J Lynch;
R Ferris; J Brown; F Baumann; P McNeill; M Robertson; P Ryan; I Hamer;
M Morrow; P Rough

HUNTERS BOG TROTTERS - Colours : Brown
Team Numbers - 90, 91, 92, 93, 94
B Blair; P Blessington; N Blissettalia; R Boyd; R Brown; D Buist;
D Dawson; A Eyre-Walker; J Farquhar; P Foy; S Gibson; D Goff; D Gould;
B Gray; J Hampshire; R Herries; B Hughes; C Hunter; P Keightley;
J Kiloh; B Maher; C Lewis; D McGuinness; F Mackay; J McKay; I Marshall;
G Mitchell; P O'Kane; M Ogston; S Ogston; M Smith; D Taylor; G Thomas;
M Thomas; R Thomas; D Wall; I Wallace; C Webster; R Whitehouse; J Wright

IBM SPANGO VALLEY AC - Colours : Royal blue and yellow vertical stripes with IBM badge
Team Numbers - 95, 96, 97, 98, 99
J Benson; J Brown; D Campbell; G Clark; J Conaghan; S Conaghan; M Coyle;
C Cromar; E Daisley; S Dalgleish; G Davidson; S Davis; A Galbraith;
A Gallagher; J Gallagher; M Hicks; R Hyett; B Johnston; S Hodge;
A Gallagher; C Leck; D Martin; D McGarrrity; E McKee; T McKnight;
A Morrison; D Olding; A Page; B Richardson; C Spence; L Spence;
D Swindells; T Tracey; E Watt; T Wilkie

INVERNESS HARRIERS - Colours : Gold with maroon diagonal band
Team Numbers - 100, 101, 102, 103, 104, 105
J Bowman; S Mackenzie; G Mitchell; B MacDonald; J Smillie; D Leslie;
G Ewing; G Fraser; J Neil; R MacDonald; P Crowe; K Mackay; P Thompson;
I Gollan; P Garner; C Jarvie; G McDowall; C Stewart; F Everitt;
S Jarvie; S Baird; C MacLean; P Ferguson; P Fletcher; D Donald; G Box

IRVINE CABLE AC - Colours : Red. Navy blue trim
Team Numbers - 106, 107, 108
C Miller; I Hamilton; J McNamee; J White; B Craig; J McKenna; R Cheyne;
R McClymont; W Spark; F Dowell; J Thompson; D King; D Campbell; M Kay;
J Miller; I McKenna; A Dunstan; W Dale; H Hall; B Adam

KILBARCHAN AAC - Colours : Gold with bold black band
Team Numbers - 109, 110
R Quinn; A Ross; A McMahon; E Taylor; A Smith; T Hearle; T Anderson;
A Costigane; R Gardiner; B Geddes; G Gibson; J Hannigan; R Hawkins;
D Laidlaw; D McDougall; I McDougal; M McGinlay; W McGuire; R McCulloch;
D Mewse

LOCHABER AC - Colours : White with two blue hoops
Team Numbers - 111, 112
J Beagrie; D Rodgers; B Rodgers; N Dixon; R Campbell; R Cant; J Dougan;
J Maitland; J Macrae; J Borrill; A Kennedy

MARYHILL HARRIERS - Colours : Royal blue with badge
Team Numbers - 113, 114, 115, 116
A Currie; M Gallacher; A Gallacher; F Gallacher; G Grubb; P Grant;
J Houston; P Kearney; J Morrison; M McCartney; J Micoud; L McCue;
J McLey; D McDonald; R Mardle; R Parker; G Robertson; A Sellar;
D Shearon; V McGill

MILBURN HARRIERS - Colours : Light blue vest with dark blue diagonal from left to right
Team Numbers - 117, 118
G Lamb; R Hurt; J Brown; H Coyle; R Kirton; C Smith; R Cameron;
T Traynor

MORAY ROAD RUNNERS - Colours : Grey and blue
Team Numbers - 119, 120
M Flynn; G Sim; A Stewart; C Hunter; R Curtis; C May; W Robertson;
J McWilliam; A Park; G Jarvis; C Meeks; B Woodward; D Morrison; G Shaw;
J Mackay

MOTHERWELL YMCA HARRIERS - Colours : Yellow with two vertical red stripes
Team Numbers - 121, 122
J Poutney; J Brown; W Weir; J Quinn; F Graham; D Gardner; S Marshall;
J Houston; J Ross; S Quinn; P Mooney; J McMorow; J Latona; J Tracy;
D Cowen; F Connelly; W Marshall; J Brockett; C McCann

PERTH STRATHTAY HARRIERS - Colours : Orange with blue trim
Team Numbers - 123, 124
N Watson; S Hale; D Knight; J Wittet; R Wilson; D Weir; M Thewlis;
J Ewing; E Bell-Scott; G Twaddell

PETERHEAD AAC - Colours : Sky blue
Team Numbers - 125, 126
G Milne; S Forman; N Macdonald; P Scott; J Diffey; S Hastie; M Bradford;
S MacMillan; G Harper; D Deacon; C Gourlay

NOTES

SHEFFLESTON HARRIERS - Colours : Blue with gold bands

Team Numbers - 127, 128

W Coyle; A Swann; B Scally; D Cameron; J Hendry; P Carton; J Evans;
N Muir; J Mackay; J Inglis; J Duffy; P Wiggins; B Carty; G Gilhooley;
P Cowan; P McMahon; B McMonagle; G Wigginson; A McIntyre; J Donnelly;
P White; J Morrison; D Buchanan; C Ross; C Inglis; J Cairney; G Blair;
R Loughran

SPRINGBURN HARRIERS - Colours : Navy blue with white diamond

Team Numbers - 129, 130, 131, 132

A Callan; G Crawford; G Braidwood; D Donnet; T McGowan; L Crawford;
G Biggam; J Cooper; P Laing; E Dickson; D Paterson; H Gorman; A McIndoe;
T Gillespie; A Linford; T Hoy

TEVIOTDALE HARRIERS - Colours : White, maroon band

Team Numbers - 133, 134, 135, 136, 137, 138, 139

B Emmerson; R Hall; D Cavers; A Walker; I Elliott; A Fair; B Neilson;
K Logan; W Knox; C Nichol; K Elliott; B Law; J Darcy; D Clyne;
D Carruthers; J Marsh; A Clyne; S Amos; A Casson; A Renwick; M Davidson;
D Potts; D Hunter; A Samuel; A Reid; D McMillan; F Cannon; W Mabon;
A Coltman; S Bennett; R Hodgins; D Robson; M McLure; J Knox; G Moyes;
R Duff; B Gibb; B Scott; J Amos; R Templeman; A Shankie; C Scott;
C Murphy; M Bryson; R Mitchell; J Hunter; R Rae

VICTORIA PARK AAC - Colours : Blue and white bands

Team Numbers - 140, 141, 142

A Douglas; M Wallace; F McGowan; S Barnett; C Little; J Kennedy;
B McKay; R Blair; J Doyle; B Watson; M McLetchie; G Meridith; R Wood;
W Parker; H Barrow; N Smith; H Kelly; D Low; G Smith; W Crawford;
A Anderson; J Agerinto; M Burgess; G Greenhalgh; K Brown; D Sanders;
J Boal; H Young; P Wilson; A Girling; R Sandilands; G Dick

WESTERLANDS CROSS COUNTRY CLUB Colours : Gold with black 'W' on back

Team Numbers - 143, 144, 145

C Aldridge; P Baxter; S Bennet; A Blackley; Q Blane; C Bradley;
D Branney; A Brown; D Calder; A Cameron; A Campbell; F Edder; A Freer;
D Gilmore; J McLellan; R Murray; W Reid; T Ritchie; I Struthers; D Thom;
J Tolmie; J Wellings; K White

Canon

olivetti

 **Dictaphone**



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**Serving the people of Scotland's
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The HIDB was established almost twenty-five years ago - to assist the area's people to improve their economic and social conditions, and to enable the region to play a more effective part in the economic and social development of the country as a whole.

To help achieve this, the board has a number of powers. It can give financial assistance, through grants and loans, to a wide variety of projects, and offer specialist help with training, management and marketing.

The board also has a modest but important contribution to make in providing funds for purely social purposes, designed to improve the quality of community life and local amenities.

If you think you have a good development idea and would like to discover more about how the HIDB can help you, please contact:-

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